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Elk Point REVIEW

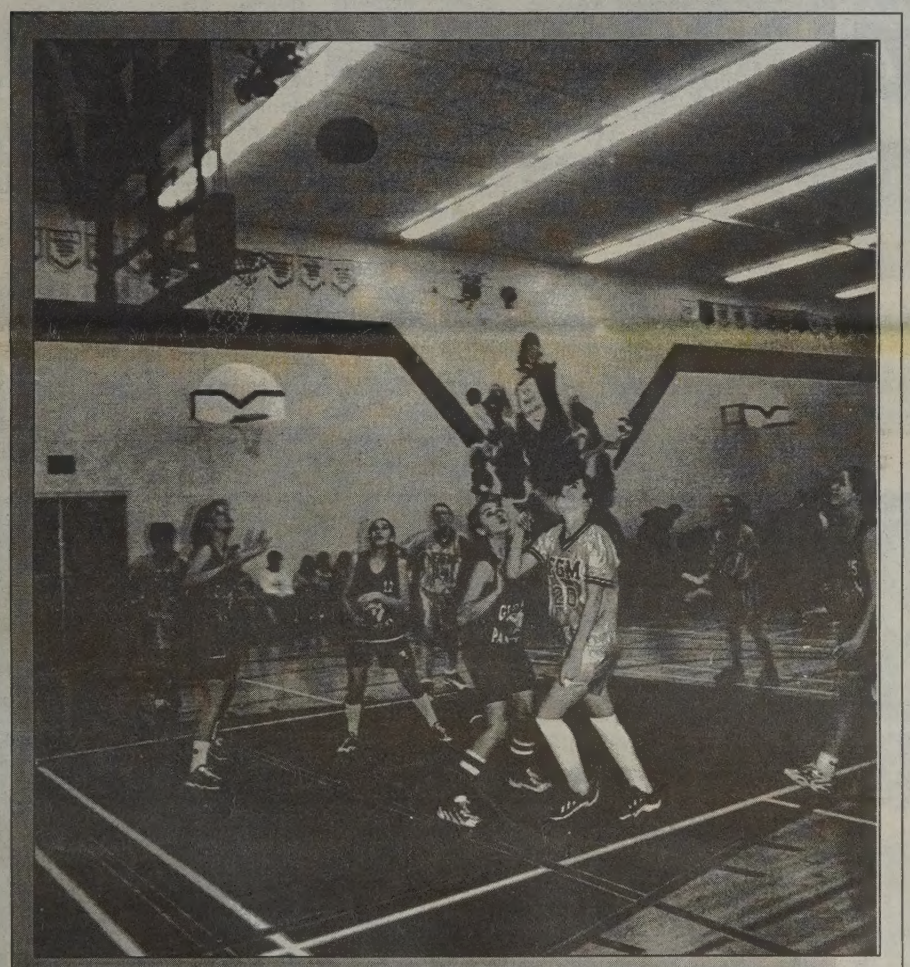
Volume 19, No. 2 | 50 cents (GST inc.) | Tuesday, January 12, 1999

Chamber supports Health Centre retention

Charter bus will take residents to Cold Lake forum

The Elk Point Chamber of Commerce has given their wholehearted support to the community's efforts to retain services at the Elk Point Health Centre. In addition to a brief, which presented at last Wednesday's meeting by president John Yettaw, the Chamber offered to line up charter buses to transport local residents to the Cold Lake public meeting on January 18 and set up a committee to work on further plans to support retention of the health centre.

Yettaw's brief focused on the time required for area residents to obtain emergency health care, and stated that closure of the health centre "would send a message that small town Alberta is closed for business." He added that this would also make Elk Point very unattractive for companies looking for a place to establish a business.



ALL EYES WERE ON THE BALL as the F. G. Miller Junior High Crusaders took on the Glen Avon Panthers last week in Elk Point. The girls lost to the visiting Panthers, however the Elk Point boys were victorious. The Junior High Crusaders are hosting their annual tournament this weekend.

The retention committee met again Friday, after the Town had received the public information package on the development of a deficit elimination plan from the Lakeland Regional Health Authority. Mayor Ed Buck said confirmation has been received that George Cuff, facilitator of the deficit elimination plan review, will attend a public meeting here on January 20. However, he feels, it is still in Elk Point's best interest to send large delegations to the earlier meetings in St. Paul on January 12 and Cold Lake on January 18, with some of Elk Point's concerns presented at each meeting. The bus for Cold Lake leaves from the Co-Op parking lot at 5 p.m. Please call the Town Office, 724-3810, to reserve your seat so adequate buses can be provided for the trip.

Buttons declaring the wearer to be a "Supporter of Elk Point Health Centre" have been made and will be available at various locations in town as well as on the bus to Cold Lake and at the Elk Point public meeting.

Chamber on the move

Also under discussion at last week's meeting was the location of the Chamber meetings. It was decided to hold the first meeting of each month at the Empress, and the second at one of the other member restaurants, on a rotational basis. The January 20 meeting will be held at Frosty's Kitchen.

Annual Meeting

The Chamber's 1999 Annual Meeting has been set for Wednesday, February 3 at 6:00 p.m. at the Empress, with dinner followed by the Annual Meeting agenda and possibly a guest speaker. The current executive has all agreed to let their names stand for re-election. Watch for further details after the Chamber's January 20 meeting.

■ Massive deficit to eliminate

LRHA challenges to be addressed at forums

The Lakeland Regional Health Authority is facing severe cuts in expenditures over the next three years to eliminate a deficit which has been projected at over $6.3 million for this year alone. Their deficit elimination plan is the subject of a series of seven public forums which started last night in Redwater. Other meetings are being held tonight in St. Paul for CHC #3, tomorrow in St. Paul for the Metis settlements of CHC #6 and in Lac La Biche for CHC #5, Monday, January 18 in Cold Lake for CHC #4 and Tuesday, January 19 in Vegreville for CHC #2. A seventh meeting is scheduled for Elk Point on Wednesday, January 20, due to lobbying by Elk Point's health services retention supporters.

The public information package on the development of a deficit elimination plan released Friday by the LRHA outlines the LRHA's draft vision and mission statements and regional goals, proposes service principles and gives a comprehensive overview of services now provided in all health centres in the region. It also outlines the budgets of each and every facility and the money that could be saved if that facility were shut down.

The proposed statement of service principles, which has not yet been reviewed or approved by the LRHA Board, covers the areas of accessibility, where it notes that emergency services access would ideally be no more than 45 minutes, affordability, quality, comprehensiveness (including maintenance of community care services in the LRHA) and general principles, where it states that "nothing is sacred."

The deficit elimination plan strategies, also not yet reviewed or approved by the Board, state that the deficit elimination would be based on a three year time frame, ensuring that any disruption to the health care system in the region is minimized, and allowing time to implement measures that may reduce the deficit without significantly reduc-

(Continued on Page 6)

community NEWS

Pay attention to traffic control devices

Failing to do so could result in demerit points

By Const. C.M. Bedard
County Mountie

Many drivers — at one time or another — have run a red light or stop sign. But not every driver is aware of the consequences of doing so.

Traffic signs and signals are there to control the flow of traffic, and ensure the safety of drivers and pedestrians alike.

Sign On for Safety

The next time you head out, know and obey the rules:

- Obey all stop, yield and merge signs
- Approach intersections with caution.
- STOP means come to a complete stop.
- Flashing yellow lights indicate the need for caution. Slow down and be prepared to stop.
- When slowing down to turn, always use your signal light and slow down gradually. Tap your brake lights a couple of times to warn the driver behind you that you are reducing speed.
- When turning always watch for pedestrians.
- When approaching a four-way stop at the same time as another vehicle, allow them to proceed first unless they signal to you otherwise.
- Running stop signs and red lights are common driver action, so always watch for vehicles approaching intersections to ensure that they are going to stop.
- When approaching a traffic light, always be prepared for it to change. A yellow light signals you to proceed with caution and clear the intersection. It does not mean speed up and try to get through the intersection before the light turns red.

Consequences of Unsafe Driving

The Alberta demerit point system is used to maintain an accurate account of a driver's demerit able convictions on their driving record. Demerit points are assigned to a client's driving record in accordance with the Regulations under the Motor Vehicle Administration Act. If you accumulate 15 or more demerit points within a two-year period on your driving record, your license will be suspended for one month. With each subsequent suspension the time period you lose your license for increases.

Below are some of the common unsafe actions that result in drivers being assessed demerit points:

- Failing to obey instruction of traffic control device, 2 pts.
- Traffic lane violation, 2 pts.
- Failure to signal a lane change, 2 pts.
- Failing to stop as directed by traffic control device or as otherwise required, 3 pts.
- Failing to yield the right of way to a vehicle or pedestrian, 3 pts.
- Failure to stop for a red light, 3 pts.
- Drive through or around a railway crossing gate, 3 pts.
- Failing to stop for a school bus, 6 pts.
- Speeding at an unreasonable rate, 4 pts.
- Exceeding the speed limit by up to 15 km/h, 2 pts.
- Exceeding the speed limit by more than 15 km/h less than 30 km/h, 3 pts.
- Exceeding the speed limit by more than 50 km/h, 6 pts. (mandatory court)
- Racing on highway, 6 pts.
- Following too close, 4 pts.

Driving a vehicle on a roadway without due care and attention or without reasonable consideration for persons using the roadway, is considered careless driving. This could result in a court appearance or a specified penalty, six demerit points against your license and up to a three month licence suspension from the courts.

The risks and consequences increase if you are convicted of dangerous driving. Operating a motor vehicle in a manner dangerous to the public is a Criminal Code conviction and results in a one year suspension / prohibition of your driver's license and could also get you a maximum of five years in imprisonment. Drivers convicted of dangerous driving causing injury receive a mandatory five year licence suspension / prohibition and could get a maximum of ten years imprisonment. Drivers convicted of dangerous driving causing death results in a five year license suspension / prohibition and could receive a maximum fourteen years imprisonment.

Greater Lakeland Rural Crime Watch Area

ANNUAL MEETING

Tues., Jan. 19, 1999

7:00 p.m.

St. Paul Sr. Citizens Hall

4809-47 St., St. Paul, AB.

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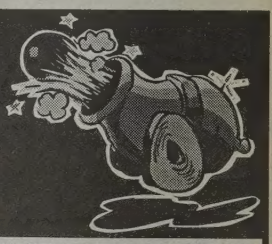

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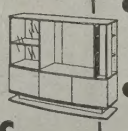

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LIQUIDATION WORLD

from the FCSS DESK

Snowed in - and more snow to come

Remembering the "good old days" of being prepared

By Deanna Easthope
FCSS Director

Now, isn't this winter a contrast to the winter of 1997/98? I bet you the snowmobile-loving people remember that winter. It was definitely a winter where there wasn't enough snow to use the snowmobiles. But this winter — it is different. One can see the snowmobile trails anywhere.

Speaking of a snowy winter, I can remember the time when I was a child and we lived on a farm. It seems to me that we were "snowed in" quite often in the winter as we waited for the snowplow to come down our country road and plow us out. Yes, my parents had a back up power generator on the farm in case of emergency. And, any food mother had in storage became available as needed. Those were the "good old days" - right!

There is a lesson we could learn from those "good old days", and that is preparation for what might happen. It has probably become too easy for all of us as our snow covered roads are cleared in a reasonably quick fashion. Then too, "grocery stores", which are opened any day of the week and almost every hour of the week have come to be our "storage", as we can go there anytime we need something.

I could go on with other examples like I know you could; but, wait a minute — let us think about the possibility of being "snowed in" for any length of time. Are we — you or me, prepared for what might happen?

What about a back up heating supply? Last winter, the people in Ontario had some experience that taught them some things. They were without power many weeks. Some people said they learned that a portable generator was very valuable as they could use it for example to keep the deep freeze plugged in to. Now, that is an idea. I am not an authority on the subject — but it sounds like a good idea ... And of course ... heating water for cleaning ... and cooking food — what would you do? And — the big question; "What about your food supply — do you have enough in your home storage to feed your family?"

There is still another area of concern if you were to become "snowed in". "What is available to your family to keep them occupied that doesn't involve the use of power?" Yes, in the "good old days", playing cards, or reading, or etc., was available. Then of course, the expression — "early to bed and early to rise makes the man healthy, wealthy and wise," made sense because they got up every day when the sun came up and went to bed when the sun went down. Why did they do that — no power to waste on light bulbs you say. Well maybe. Anyway, it is something to think about. There was probably wisdom in it. Yes, there is probably wisdom in preparing just in case one becomes "snowed in".

New Year's resolutions that really work

It's that time of year again when we resolve to start anew. Many resolutions center around getting healthy: losing weight, eating better, exercising regularly, and so on.

Let's zero in on that perennial resolution — losing weight. What does it take to make this resolution stick? "Four simple steps that anyone can take will make a big difference," said Howard J. Rankin, Ph.D., co-author of The Choice Is Yours, a lifestyle guide published by TOPS (Take Off Pounds Sensibly) for their members.

1. Know why you choose to lose weight. Ideally, you're doing this for yourself, not to please someone else. After all, you're the one who has to carry out this challenge.

2. Announce it publicly. This serves as a reminder to your subconscious that you're really serious.

3. Make your goals a priority. Treat the necessary steps — exercise sessions, meal planning, and so on — with the same respect you'd give to a business meeting or medical appointment.

4. Find support. Weekly TOPS chapter meetings provide the encouragement you need to stick with your plan over the long haul. Fellow TOPS members, including those who are maintaining goal weight, can also give you practical advice.

To learn more about TOPS, and to locate the chapter nearest you, call Carol Moro at 403-338-3023 or toll-free at 1-800-932-8677. Or log on to TOPS' Web site at www.tops.org for that information along with weight-loss tips, facts, and success stories.

We invite you to a *PUBLIC FORUM* on a

DEFICIT ELIMINATION PLAN

For the Lakeland Regional Health Authority

Facilitated by George B. Cuff & Associates Ltd.

Situation: The Lakeland Regional Health Authority is projecting an estimated $3.1 million deficit by the end of the 1998-99 fiscal year on March 31, 1999. As well, the 1999-2000 deficit is forecast to be roughly $5.7 million. Costs will have to be cut to balance the budget, which may include the permanent or temporary closures of some health facilities.

Purpose: Public forums are being held as part of the process of developing a Deficit Elimination Plan for the Lakeland Regional Health Authority, in addition to finalizing mission, vision and goals statements as part of the Region's three-year Business Plan.

Role of the Forum: The input of the public is a crucial part of this process. This input being obtained prior to the presentation of a draft Deficit Elimination Plan to a public meeting of the Lakeland Regional Health Authority board on January 29, 1999.

Where and When: You are invited to attend the following Public Forum in Elk Point:

Date & Location	Time	Communities
Wednesday, January 20, 1999 in the Elk Point Elks Hall 4906 - 51 Street, Elk Point	7 pm - 9 pm	Elk Point, Bonnyville Lindbergh, Cold Lake, Glendon & surrounding area

Unable to Attend? A copy of the Public information package and a feedback form are available by calling Colleen Przekop toll free at 1-800-815-8683.

Questions? Contact Doug Plamping, by phone (403) 929-7263, by fax (403) 929-7264, or by Canada Post at George B. Cuff & Associates Ltd., 58 Winchester Avenue, Spruce Grove, Alberta T7X 1L8.

Support Elk Point Health Centre

WITH YOUR ATTENDANCE AT THE

PUBLIC FORUM

on a

Deficit Elimination Plan

for the

Lakeland Regional Health Authority

Monday, Jan. 18, 1999

7:00 PM - KIN HALL, COLD LAKE

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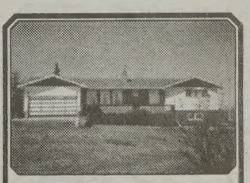
GREAT STARTER HOME - 745sq. ft. bungalow sits on a 60' x 150' mature landscaping lot with a detached garage and a cement driveway. Freshly painted interior and all appliances included. Located in a quiet area of Elk Point at 5329-49 Ave. **$39,500.00**

WHAT A DEAL - This house features new sinks, faucets throughout, new rug in living room, new kitchen counter top, new hot water heater, freshly painted throughout, closet organizers throughout and converted fireplace to natural gas. This house also features a 12'0x4'10 walk in closet in the MBR. **$88,900.00**



WE DESERVE THIS! - 1760 sq. ft. bungalow with 2 car attached garage on 38 acres of wooded property. Excellent well and septic system. Fireplace on main floor and basement, 3 bdrms, 2 baths, central vac and many more inclusions in this home. **$154,900.00**

HEY KIDS - WE'RE HOME - 1250 sq. ft. bungalow acreage is located on 7.9 acres. The home features 3 bdrms, 2 baths, 2 car garage, satellite dish, all new paint. Located west of hwy 646. **$121,500.00**

A PERFECT SPRING PROJECT! - Part of S.W. 5-57-6 - W4 with approximately 37 acres. Lots of potential. 1 mile east of Elk Point on hwy 646. Pole barn started. Priced at **$26,500.00**

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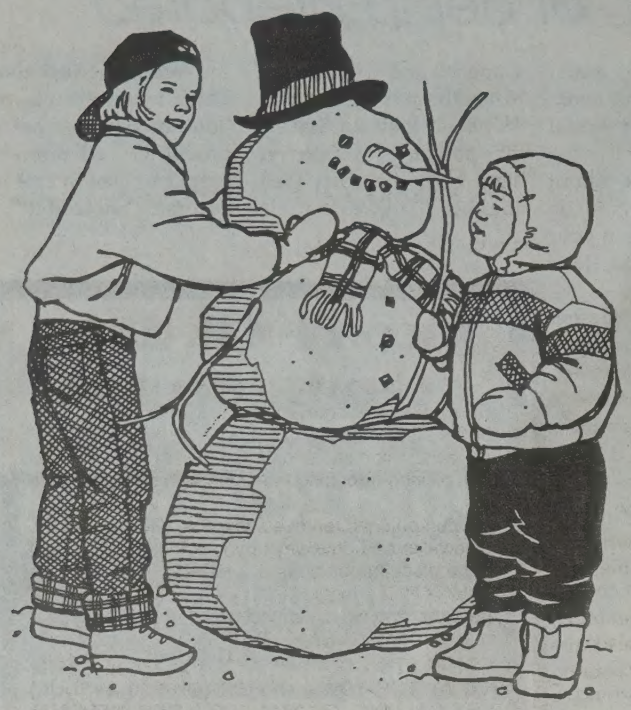
Elk Point REVIEW VIEWPOINTS



Spirit of giving is outstanding

By Susan Frisby
Elk Point Lioness Club

The Elk Point and District Lioness Club wishes to thank everyone who donated towards our 1998 Santa's Anonymous Campaign. The club has been involved for at least ten years and we have always had super response from our small community.

We'd like to express our gratitude to all who helped out in any way: local stores and businesses, companies big and small, individuals, banks, the schools, clubs and organizations for contributions of cash, toys, and food towards this project. Once again you have come through to lift the spirits for people in need during the holiday season. The spirit of giving in a small town like Elk Point is outstanding! Our community sure can be counted on when times are tough. We know that 1998 was not such a good year for our local economy, but donations came in to support Santa's Anonymous.

We hope everyone had a joyous Christmas season and the Lioness would like to extend best wishes for Health and Happiness to all, in 1999!

■ Nutrition notes

Is your baby getting enough iron?

By Carmen Skrypichayko, RD
Elk Point Health Centre

Unfortunately iron deficiency in infants is fairly common and many times it is caused by not following the recommendations for feeding infants. Iron deficiency is serious and can interfere with growth and development. Here are some of the concerns with iron supplementation and how to identify if your child is at risk.

The big concern with iron is that it causes constipation. However it is important to know that true constipation in infancy is rare. There is a wide variation in normal bowel function, some infants may go after each feeding while other go a few days between bowel movements. A baby will also have different bowel movements if they are switched to formula from breastmilk. So don't over react as that may be normal for your baby.

Breastfeeding is the best choice for infants for many reasons. It contains adequate iron which is very well absorbed by the infant. When low iron levels are likely to occur is after 5-6 months of age and iron fortified cereal has not been introduced. A baby's first food should be an iron fortified cereal and be continued until 1 year of age.

Babies on formula are also at risk. According to the Canadian Pediatric Society and Health Canada, all infants should receive an iron fortified formula. Regular formula (Enfalac, Similac) do not contain adequate iron. Look for "with iron" or "iron fortified" to ensure the formula is rich in iron. Babies which require a soy or elemental formula are not at risk because extra iron is already added. Early introduction of milk can also cause problems. Milk should not replace formula until the baby is 9-12 months of age and iron can be obtained from other food sources.

The other time iron deficiency can occur is after one year of age. At this point a child should be getting enough iron from a balanced diet from all four food groups. However, some children may refuse certain foods (such as red meats) which are rich in iron and often drink too much milk. Although homogenized milk is packed with protein and vitamins, it is low in iron and over consumption of it will take the place of other foods in the diet. Two or three cups per day of milk is plenty.

By following the above guidelines you can help reduce the chances that your baby may be low in iron. Simple rules with big results.

■ Letter to the editor

Not happy with gas company sale

Dear Editor:

A lot of people I have talked to are not very happy with the initial outcome of the sale of Elk Point Gas to Centra. First, the price of gas for November jumped from $3.212 / gigajoule to a whopping $5.444 / gigajoule (6.9% increase)! This is over double the spot price for natural gas. When I questioned the Elk Point office, I was told that because the sale went slowly Elk Point Gas had to buy gas to supply their customers for November. Where did they get the gas before? Why did the EUB allow such a whopping rate for November?

Secondly, of the $100,000 customer portion rebated back why did we end up paying the legal fees incurred by the town of over $30,000? And why did the Town incur such high legal fees in a sale between privately owned E.P. Gas & Centra?

Thirdly, it was highly publicized that gas prices would definitely be going down as a result of the sale. Then why starting this month are we going to be paying $4.02? Either my math is not very good or that's an increase of 25.1%!

My last bill included a rebate of $53.68 but with the whopping increase for November gas, my actual gain was less than $15.00!

I realize that there is not much the little guy (customer) can do about what took place, but, to publicize rates are going down and then actually raise them 25.1% won't impress many people and leaves a surplus smell of skunk oil in the air!

A Concerned Customer,
Thomas Kondla
Elk Point

■ Winter driving hazardous

Slow down around emergency vehicles

By Alberta Motor Association

Too many drivers are still going too fast on slippery roads — especially around Emergency Road Service vehicles (including tow trucks) operated by Alberta Motor Association (AMA) employees and contractors, not to mention police, fire and ambulance crews attending collisions on roads and highways around Alberta.

Too many drivers are still going too fast on slippery roads — especially around Emergency Road Service vehicles (including tow trucks) operated by Alberta Motor Association (AMA) employees and contractors, not to mention police, fire and ambulance crews attending collisions on roads and highways around Alberta.

AMA drivers and contractors continue to report near misses when assisting stranded vehicles. Motorists are asked to slow down and pass service vehicles cautiously. A collision with stranded vehicles and service personnel can be disastrous.

And with more cold weather on the way later this week, motorists are also reminded to plug in their vehicle's block heater. Even after all the days of extreme cold, AMA still encounters motorists who have not plugged in the block heaters on their vehicles. When the weather plunges to 20 and 30 degrees below zero, vehicles not plugged in are often nearly impossible to start.

This is for a number of reasons. First, extreme cold weakens vehicle batteries. It also causes engine fluids to thicken, making the engine even harder to turn over. For instance, at minus-18C, a car battery is only 40 per cent effective, yet the engine's resistance is two-and-a-half times greater. Below minus-25C, vehicles parked where there is no electrical outlet should be started every two hours and let run for 15 minutes. Motorists should allow the block heater of a plugged-in vehicle to run for one or two hours before starting.

Motorists should also be careful while trying to boost the battery of another vehicle. An error can cause expensive damage to the boosting vehicle's onboard computer.

Elk Point REVIEW

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community NEWS

Lakeland MP says citizenship bill is too vague

Local constituents also troubled by drought and firearms act

By Rhonda Noyce
Staff Writer

Lakeland MP Leon Benoit has only been the Reform citizen and immigration critic for three months now, but he knows the Immigration minister's recent citizenship bill isn't worth the white paper it's printed on.

"(Immigration Minister Lucienne Robillard) said in a press conference yesterday she was setting out a framework for legislation, but it was very broad, short on detail ... it was generally a very vague document," Benoit said as he passed through St. Paul last Thursday.

"She called this a framework for substantial change, and then in the next breath she said as Immigration minister for three years and studying the system over that time, I see no need for radical change."

Most people disagree, Benoit added. He says all you have to do is talk to people in areas of the country where most of Canada's new immigrants have settled, such as Toronto, Vancouver and Montreal, and you'll find people who say there needs to be changes.

One controversial item Robillard included in her report was a call to broaden the definition of spouse to include same-sex and common-law couples so that they can be sponsored under existing family class provisions.

Benoit says this is just another sneaky move on behalf of the government.

"The government keeps trying to slip this in. They haven't got the guts to put (same-sex provisions) in legislation. If they feel it's right, why don't they do this right in front of the Canadian people," Benoit asked. "The answer is, Canadians do not support it."

One of the items in the bill Benoit liked was the call for more emphasis on general skills and employability, instead of education, when it comes to selecting independent immigrants.

"I do quite a bit of travel, and we have the best educated taxi drivers in the world ... It's good to see the government is addressing this."

Robillard is accepting responses from her proposals from now up to the end of March. The legislation is expected to be in place by this summer.

THE FARM CRISIS

Upon returning to the constituency for the holiday season, Benoit fielded many calls from farmers — both hog and grain producers — about the "wreck" around this area.

"I found a lot are counting on the federal government payment to help them out substantially, but after meeting with Ed Stelmach, the Alberta Agriculture minister, last week, it was clear it's not meant to be."

The federal government announced a payout for cash-strapped farmers just before Christmas, but Benoit says it looks like it will be based on the same formula as the farm income disaster loan program in Alberta.

"If (the federal Agriculture minister) uses the Alberta model to make the payout, then farmers around here will be left completely out of it, just as they've been left out under the Alberta model. It does not work in this area where we've had so many droughts."

Benoit says the timing of the assistance is also a concern. There was indication this assistance would come right away, but Benoit says all indicators now show it will be at least May or June before any money is handed out.

"I just hope people are not relying on that money too much. They need to find another way to handle the situation while we continue to put pressure on the government."

THE FIREARMS ACT

During his stay in the constituency this past month, Benoit also heard about the problems people in this area are having trying to comply to the new firearms legislation.

During one of his town-hall meetings in the southern part of the Lakeland, Benoit heard from a group

(Continued on Page 6)

NOTICE

Snow Removal Bylaw 577/96

* Snow must be removed off of sidewalks within 48 hours after the snow fall.
* No person can cause damage to sidewalks by striking, picking or cutting the same with a shovel, pick, etc.
* No person shall remove snow, ice, dirt, etc., from sidewalks and driveways by causing such material to be placed upon streets, ditches, alleys, etc.
* Bylaw Officer may issue a ticket of $50.00 to those persons who either neglect or fail to do something required by this Bylaw.

A COMPLETE COPY OF THIS BYLAW IS AVAILABLE AT THE TOWN OFFICE (4914-50 AVENUE) OR BY CALLING 724-3810 FOR MORE INFORMATION.

An extremely dry summer has lead to dangerous fire conditions in Alberta's forests. If you are going to be hunting, fishing or enjoying other recreational activities in Alberta's forested areas, take extra care when dealing with fire and always obey the fire danger rating sign boards.

Dial
427-FIRE
A collect call anywhere in Alberta.

Do your part to help target wildfires. Be our ears and our eyes. If you see smoke or fire in a forested area, call 427-FIRE – a collect call anywhere in Alberta, or dial #FIRE on the TELUS Mobility network.

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4826 - 50 STREET, ELK POINT, AB [illegible]

START THE NEW YEAR OFF WITH A BARGAIN!!!!

1. 4917-55 AVE.

2 bedroom 976 sq. ft. bi-level home with detached garage. 10 x 14 carpeted deck off the back door. New main floor flooring and new shingles in 1996. Basement 3/4 finished with two bedrooms. This house has a lot of possibilities for that young family. Priced at $88,500
REDUCED TO $78,500.

2. 4809-53 AVE.

968 sq. ft. 2 bedroom home completely renovated with new kitchen cupboards, counter tops, and flooring. Plenty of closet space and large back entrance, with organizer. Large fenced in yard with deck off the back door. 24x28 heated garage complete with phone line for that busy guy. Very clean, and well maintained home. Priced at $89,900
REDUCED TO $79,900

3. 5105-59 AVE.

1188 sq. ft. 3 bedroom home. Large kitchen with corner kitchen sink. 1 1/2 bathrooms on main level. Basement is finished with two bedrooms, large family room with new carpeting. Every area has been well utilized for storage space. Large unattached garage, fully insulated and dry-walled. RV parking and an 18x19 covered deck. Priced at $101,900
REDUCED TO $94,500

4. 5121-58 AVE.

Well maintained 3 bedroom home. Recently renovated with new flooring, new paint throughout and wainscotting in the entrance gives the home that nice country feeling. All appliances, custom drapes in LR and formal dining room remain. Patio doors off kitchen lead onto large deck in backyard that is completely fenced in. Priced at $99,000
REDUCED TO $94,500

NEW LISTING
5. 5422 CIRCLE DRIVE

1152 sq. ft. 3 bedroom home. New flooring and shingles in 1997. Basement partially finished with many possibilities. Wood fireplace in living room. Appliances are optional. 15x24 attached garage. Beautifully landscaped backyard with large mature trees.
PRICED AT $97,000

ELK POINT INSURANCE & REALTY LTD.
Larry Demchuk 724-2430
Barb Croteau 724-3021

community NEWS

Farm safety can prevent farm fires

farm fires are a hazard at any time of the year, but even more so during the winter months.

Isolated locations of farms, fires in farm equipment, burn injuries during fueling and welding jobs and a shortage of water supply are some of the obstacles rescue crews are faced with everyday in rural Alberta.

There are approximately 60,000 farms in Alberta. On average, every day there are four reported injuries requiring medical attention on Alberta farms. Fatality statistics are grim— 15 to 18 farm deaths per year.

"There is no single month where a farm resident is not killed," says Solomon Kyeremanteng, manager of the farm safety program, Alberta Agriculture, Food and Rural Development, Edmonton. "Fire losses on Alberta farms account for many of the farm deaths over the last 10 years."

During the 10-year period of 1988 to 1997, there were 6.166 fires reported on Alberta farms. These fires caused 24 deaths, 108 injuries and $94 million in property damage. The annual numbers of farm fires have declined steadily from a high of 1,084 in 1988 to 325 in 1997.

However, property losses remain around the average in most years, except 1993 ($5,4 million) and 1996 ($6.6 million). Both fire deaths and injuries have fluctuated with no clear trend.

Data reveals that approximately 93 per cent of farm fires occur on non-residential properties such as tractors and machinery, crops/orchards/straw/bales, barns, sheds, trash and general trucks with non-flammable cargo.

However most farm fire deaths (73 per cent), injuries (26 per cent), and property losses (26 per cent) occur from fires in farm homes.

Alberta Agriculture has been communicating farm safety through radio, television and print to try and get the message of accident and fire prevention out to farmers.

"Communicating farm safety messages in a positive way seems to have the best results," adds Kyeremanteng.

"Positive communication is the basis of the safety campaign developed and communicated over the past 18 months: A Safe Farm is a Great Place to Grow. The idea behind the slogan is that if a farm is safe; crops, business and children can all grow. This winter, and all year long, remember to take a few extra minutes and complete the work safely. Fire can have devastating effects— be extra careful around the farm and around the house."

LRHA challenges to be addressed

(Continued from Front Page)

ing the level of health services. Capital expenditures would be maintained at the minimum necessary for maintenance of facilities and equipment. No "across the board" cuts will be applied, because it it recognized that some health services cannot absorb any further cuts without reductions in the quality of service.

Strategies have been outlined in the plan to increase revenues to the LRHA, including decreasing the number of patients receiving services outside the region, increasing internal fees and charges, lobbying for increases in long term care fees and lobbying for increases in general funding from Alberta Health. Because increases and decreases in general funding cannot be predicted, potential cuts to health services in the region will be classified as high priority, which will proceed even if more funding is available, medium priority, which will be reviewed if more funding is available, and low priority, which will not proceed if more funding is available.

Copies of the deficit elimination plan, including answers to a number of questions, will be available at the public meetings, and both Cuff and the LRHA have indicated that they will welcome comments, ideas and suggestions regarding the planand deficit reduction in general.

Lakeland MP says bill too vague

(Continued from Page 5)

of gun owners who had spent up to seven hours trying to register their firearms over the phone, and they still couldn't complete the process.

"These people were very willing to register their guns, but now they have turned and said this is crazy. Why should we spend seven hours trying to register our guns if the system doesn't work. And even if it did work, it's not going to solve any problems."

Benoit says the billions of dollars spent on this new registration system could have been better spent on health care or education, and if Reform becomes government, they will throw out the gun bill right away.

Physics 101

A body at rest, remains at rest.
A body in motion, remains in motion.
~ Newton's First Law of Motion

Know what Newton Knew.
Get in *motion!!*

Sharing a Healthier Future™ with ParticipACTION®

Save Like it's 1999!

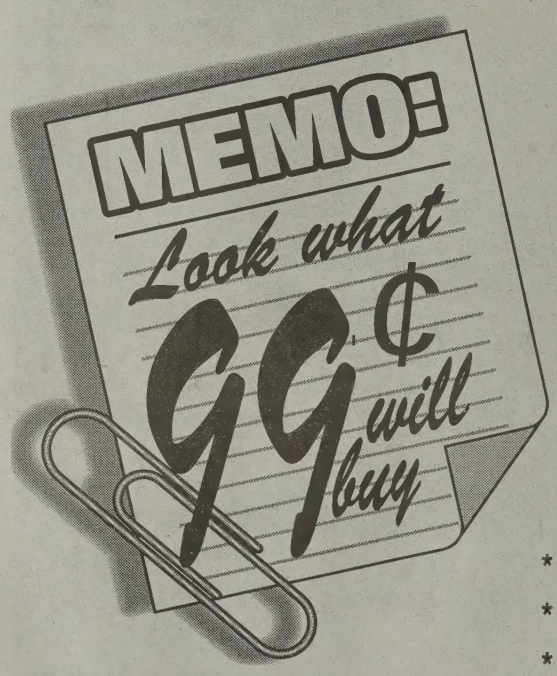
ONE DAY SALE

WEDNESDAY, JANUARY 13TH IS

99¢ DAY

AT THE

ELK POINT REVIEW



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* Coil Notebook, 80 pg
* Write Bros Pens, 10s
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* Standard Staples
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* Eraser mate 2 Pens, 2s
* Write Bros Pens, 10s

ELK POINT REVIEW
STATIONERY & PRINTING
4809-50 AVE. - ELK POINT - 724-4087

community NEWS

Looking back at another year: 1998 in review

We continue our look back at the year just completed...

June

Elk Point 4-Hers covered themselves in glory at the District Steer Show, with Amanda Wirsta showing the Grand Champion and Colin Ference the Reserve Champion. Dr. K. C. Miller cut the ceremonial ribbon to officially reopen the newly renovated F. G. Miller High School. It was bumper-to-bumper beauty downtown as the Elk Point Auto Club hosted their annual show and shine. Canadian Salt celebrated the fiftieth anniversary of their Lindbergh facility. Lower mill rates and higher assessments were announced as the Town brought down their 1998 budget. Marci Bintz showed the Reserve Champion Yearling at the District Heifer Show. A total of 115 seniors over the age of 80 were honored at the Seniors Week tea. Pam Veer won the Provincial High School Rodeo pole bending championship. Crusade Above the Limit ended with a big bang, with 8705 entries for 108 prizes. Elk Point Elementary students accepted over 200 plaques, trophies, awards and certificates at their year-end awards day. Seventeen elementary grade students accepted honors awards at Heinsburg Community School awards day.

July

Storm clouds that dumped over two inches of rain on the area the night before were gone in time for the annual Canada Day celebrations, which saluted the 125th anniversary of the RCMP. Black Powder Days brought visitors by land and by water, including the Edmonton House Brigade, to Fort George and Buckingham House. Elk Point hosted the Midget 'A' Provincial ball finals, but the Sox were not in the winner's circle. A newly formed group was successful as they lobbied the County of St. Paul for help with turning the former CN railbed into a recreational trail. Michele Duczek bid farewell to Elk Point Library to take up a new job in the tropics.

August

Barrel racer Wendy Young was the only local champion at Elk Point Rodeo, where the rain held off until the final minutes of Sunday's competition. Entries were up at Elk Point Fair, where Lois Yaremkevich won the Grand Aggregate award. Ken Bozniak won the 15th Annual Oilmen's Golf Tournament. Music and tributes were on the program at the Forts des Prairies Jamboree. Sisters Jamie and Danielle Schnurer won the high point awards at the Charlene Baker Memorial Horse Show. The most successful Summer Day Camp ever wound up at the Forts. Michelle Friesen, Pam Jabush and Travis Pankiw were among the winners at St. Paul's Talent Quest '98.

September

It was back to school for the fiftieth time for Heinsburg bus driver Babe Sharkey, as another school year began. Erica Nielsen won the Rookie of the Year award at the LRA Finals, while Wendy Young was year-end runner-up in Ladies Barrels. F. G. Miller High School golfers won an inter-school challenge. The Terry Fox Run involved 42 participants and earned a whopping $4265. Information Night was a big success. The new St. Michael's Catholic Church was blessed at a beautiful ceremony. Vandals trashed the recently restored Stoney Lake Campground, doing considerable damage.

October

F. G. Miller's best students of the 1997-98 school year received acclaim at Awards Night. Elk Point Ambulance reached their 15-year-long goal of purchasing a brand new ambulance. The Elementary School Council completed their playground expansion project. The Chamber of Commerce joined the Town of Elk Point in a crusade to keep the Northern Lights Library System headquarters. A task force was implemented to increase use of the Elk Point Health Centre by encouraging local residents to seek health care at home. Ed Buck was returned as mayor of Elk Point in the October general election, while Allen Young and Ray Danyluk retained their County Council seats. Elk Point Parent Nursery started their 20th year of operation. A cross-section of area residents took part in a two day workshop exploring what is great about Elk Point.

November

Elk Point Elks brought senior hockey back to Elk Point after a lengthy break. Authors Cora Taylor and Barbara Smith and cartoonist Craig George visited local schools. A $75,000 Agricultural Initiatives Grant lightened the Agricultural Society's debt load. Veterans were honored in a ceremony of peace on Remembrance Day. The Town of Elk Point agreed to join a newly formed landfill authority. Elk Point Gas Company announced their intention to sell their distribution system to Centra Gas. The Elk Point Review and Frosty's Kitchen won Business of the Year awards. A huge shipment of gifts left Elk Point via Operation Christmas Child.

December

Along with all the wonderful events that Christmas brings, came a fear that budget cutbacks would mean the end for Elk Point Health Centre. Area residents rallied in support as the year came to an end.

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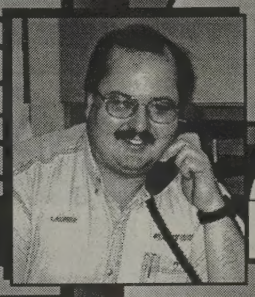
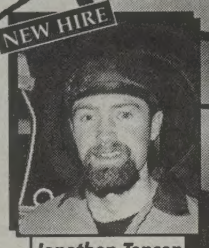


Laurier Brousseau
Service Manager

NEW HIRE



Jonathan Tensen
Apprentice Technician

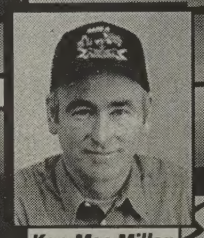
NEW HIRE

Larry Ellis
Apprentice Technician

Allen Dechaine
Apprentice Technician

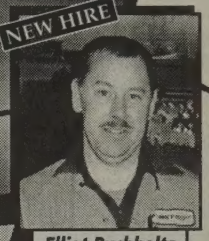
NEW HIRE

Johan Agnemark
Detailer



Ken Mac Millan
Journeyman Technician

NEW HIRE



Elliot Buchholtz
Journeyman Technician

SUPER SAVINGS

YES

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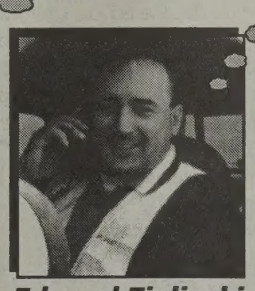
Low 3 YEAR Lease Rates on ALL New MX Tractors Including Extended 3 Year Warranty

Real Gratton
Sales Consultant-West



Edward Zielinski
Sales Consultant-East

Just $1.58 per litre!*

Save 14%
List Price $208.65*
$178.51*
Part No. 253782A1
15W40 No. 1 Engine Oil
30-Gallon Drum

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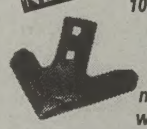
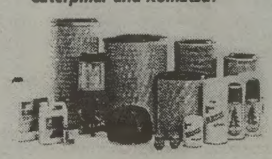


Buy 10 MAXXI-WEAR sweeps and get FREE nuts and bolts worth $10.00!*

Stock Up on Fleetguard "All-Makes" Filters

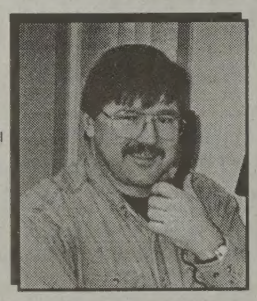
Visit us today to find the biggest savings on Fleetguard filters for all your equipment needs - including automotive filters for your cars and trucks! Plus, these savings are backed by the only non-prorated warranty in the industry. Keep your equipment running more productively and prevent downtime with quality filters on hand. Check out this full line of "all-makes" filters ALL on sale now!

For all makes of equipment: John Deere, New Holland, AGCO, Caterpillar and Komatsu!



Spring's Coming - It's Time To Check Your Batteries

"With a little luck you might find the right part, but at First Equiment Centre *you don't need luck!!"*

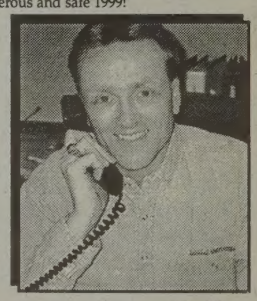


Doug Sagen Parts Manager

CALL US!

Jo Ann Laflamme
Administration Manager

Tracey Martin
Administration Clerk



Rod Randall
General Manager

General Manager's Message

Hello everyone. Well, 1998 is now in the history books and what a year it was in many respects. For all of us in the farming industry, it was a year with some ups and downs, especially in the area of commodity prices. One thing for sure, nothing stays the same for long in this business.

I look forward to 1999 with much excitement and enthusiasm for our industry. Some exciting things will happen in 1999 both within CaseIH and First Equipment Centre. Firstly CaseIH has introduced over 40 new products that will be available in early 1999. Among the new introductions are a NEW Hay and Forage lineup &, NEW Hi-Clearance Sprayers. The list of new products is long but leading the way is the ALL NEW MX Magnum tractor - after 12 years of industry leadership and unsurpassed reliability, MAGNUM has been reborn, even better than before.

In 1999 First Equipment Centre will make some moves to enhance our commitment to outstanding customer service. We have already increased our service staff to six people and have now taken delivery of a new Freightliner Service truck to increase our Field Service fleet to two units. In addition we will continue to offer the "first of its kind" 7/24 live response customer service line. In 1998 over 5000 customer calls were answered "anytime day or night" by experienced people, ready with the right answer at the right time!

First Equipment Centre is making the right moves to help our customers succeed. We want to be everyone's dealer and to prove to you, what many already know - that we are committed to being the dealership that cares about your needs, with a team that is willing to do whatever it takes to help you succeed. Call me anytime to talk about the First Equipment Centre advantage - you'll be glad you did! My staff and I wish all of you a very prosperous and safe 1999!

Rod Randall
General Manager

FIRST EQUIPMENT CENTRE

645-4418

4622 - 56 Ave.
St. Paul, AB

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CASE IH

what's NEWS at the LIBRARY?

Computers and math theme collection arrives

Computer science in a crate coming in February

By Karina Mitchell
Librarian

By now we are all already bored with our Christmas presents and probably tired of the cold and snow. but don't fret, because there is lots to do at the Library for young and old.

As I mentioned in my last article, we have Young Reader's Choice Books to read. Although you have to be in grades 4 - 12 to vote, the books are wonderful for anyone. (So far, Frindle by S. Clements is my favorite.) Come in and check out the bulletin board my sister made (Thanks Becky!) to show off our Young Reader's books!

As well, we have a new Computers and Math Theme Collection at the Library. This is a bundle of books purchased by the Northern Lights Library System that is on loan to the Elk Point Library for five months. In support of this theme, we will also have a Computers Science in a Crate. This is provided by the Science Alberta Foundation. It has tons of hands-on learning about computers and how they are made. This will be set up in the Library from February 22 - March 12. There will be more information on this in future articles.

So there is plenty new at the Library. After all, it is never too cold for a good book!

New books at the Library...

For Adults:

Dick Francis has compiled a volume of 13 short stories with settings ranging from the National Hunt Festival at Cheltenham to the Kentucky Derby at Churchill Downs, all with the characters fans expect in **Field of 13.**

Tessa Kent has fame and fortune, but she does not have the love of her daughter who now works at he famed Manhattan auction house of Scott & Scott. What will it take to find reconciliation with her daughter? **The Jewels of Tessa Kent** by Judith Krantz.

A young Jewish woman becomes fascinated by a family-owned inn that does not cater to Jews in **The Inn at Lake Devine** by Elinor Lipman.

"More than forty years of scribble, scribble, scribble, and I have been sued only once..." Some of those scribbles are compiled for all to enjoy in **Belling the Cat** by Mordecai Richler.

For Young Adults:

Five hundred dollars is missing from the stable office and Stevie's boyfriend is the main suspect. Or is he being framed? It is up to The Saddle Club to find out in **Horse Thief** by Bonnie Bryant.

The latest Baby-Sitters Club has Kristy in charge of gym class. Instead of teaching, though, she is fighting with Cary Retlin, the boy she is to share the teaching job with. Who will win? **Kristy in Charge** by Ann M. Martin.

Library Calendar

Fridays, 10:30 am: Story Time - All are invited.

Some totally useless entertainment trivia

Here are some entertainment facts you probably never knew. You may not have cared, either, but you never know when someone will ask you a silly question...

The 'Over the rainbow' scene from 'The Wizard of Oz' was originally cut from the film because it was 'slow' and added nothing to the plot. It was added again at the last moment.

The three largest newspaper circulations are Russian.

Before Mickey Mouse, Felix the Cat was the most popular cartoon character.

Salvador Dali once arrived to an art exhibition in a limousine filled with turnips.

The B'52's, were named after a Fifties Hairdo.

During the chariot scene in 'Ben Hur' a small red car can be seen in the distance.

Over 400 films has been made, based on the plays of Shakespeare.

Mary, Mary, Quite Contrary' was Mary, Queen of Scots.

There are 256 semi-hemidemisemiquavers in a breve.

Frank Sinatra was once quoted as saying rock 'n' roll was only played by 'cretinous goons'.

The vegetarian composer Richard Wagner, once published a diatribe against 'the abominable practice of flesh eating'.

The juke-box derives from the old English word for dancing - juke.

The Marx Brothers (Chico, Harpo, Groucho, and Zeppo) were actually named respectively Leonard, Adolph, Julius, and Hebert.

When young and impoverished, Pablo Picasso kept warm by burning his own paintings.

'I am a Walrus', by John Lenon, was inspired by a police two tone siren.

Charles Baudelaire, preferred to Wagners music, the sounds ' of a cat hung up by it's tail outside a window and trying to stick to the panes of glass with its claws'.

The subject of the first printed book in England was Chess.

Tiny Tim called his daughter Tulip after his 1968 hit 'Tiptoe through the Tulips'.

One of Britain's most famous composers, Sir Michael Tippett, composed pieces notoriously difficult to play, At the premiere of his 'Symphony No. 2', the orchestra got lost in the middle of the piece and the conductor had to start again.

The canine filmstar Rin Tin Tin is buried in Pere-Lachaise cemetery in Paris.

In Memoriam

BODNAR, John

It's been ten years since you left us. We, your family, miss you lots, and will never forget the happiness you brought to our lives, and the memories you have given us.

The sudden way you had to leave,
we shall always remember and wonder why,
To know we never said goodbye,
The things we feel so deeply are the hardest things to say;
But we, your family, love you in a very special way;
They say that memories are golden;
well that may be true.
But we never wanted memories we only wanted you.
If tears could build a stair way, and heartaches make a lane;
We, as your family, would walk the path to heaven & bring you home again.

Sadly missed - Love Mom and Family.

Thank You

MITCHELL

The family of the late Robert Mitchell wishes to take this opportunity to express thanks for the many expressions of support, both before and after his death. Neighborly acts of kindness, comforting words of consolation, and even the silent smiles of encouragement, are just a small segment of the numerous examples of the caring spirit of his friends and acquaintances in and around Elk Point.

A very special word of appreciation is due to all those who have gone out of their way to give emotional and practical support to his wife, Edith. We are proud to know that our parents have lived, for over twenty-five years, in a community where the spirit of the Good Samaritan is very much alive.

Sincerely, The Kids of Bob and Edith Mitchell.

review COMMUNITY NEWSLINE

"Mother to Mother" Breastfeeding Support Group - meets 4th Monday of every month, 10 a.m. Call 724-3332 for more info. Expectant mothers and older siblings welcome.

***

Elk Point Parent Nursery - Every Wednesday , 10 a.m. to Noon, Elk Point United Church Hall. Children under 6 and parents welcome. For more info, call Brenda Hayman, 724-3192 or Erin Mohyluk, 741-2140.

***

Al-Anon Family Group Meeting, Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

***

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

***

T.O.P.S. meets every Wednesday, 6 p.m. - 7 p.m., Old Courthouse, south door, Elk Point.

***

"New To Town" FCSS would like to welcome and familiarize new families with the services and programs available in town. Welcome packages contain a community directory, volunteer directory, coupons, maps and more! Call 724- 3800 for more information or drop by 4902 - 51 Street.

***

Recycle Your Paper - Paper trailer is located at the west side of the curling rink, 5118-49 Ave.. We take newspapers, flyers, computer and bond paper. No cardboard boxes, milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

***

Elk Point Public Library - Mon. - CLOSED; Tues. and Thurs. 1 p.m. to 5:30 p.m.; Wed. 2 p.m. to 9 p.m.; Fri. 10 a.m. to 5 p.m.; Sat. 11 a.m. to 3 p.m.; Storytime - Fri at 10:30 a.m.. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

***

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

***

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

***

Elk Point Oilettes regular meeting is the 1st Thursday of the month. For more information, call Fay at 724-2036.

***

Elk Point & Area "Stop Family Violence" Support Group - meetings are held 2 times a month. For more information call 724-2380, 724-3800 or 645-1950

***

Adoption Support Krew - meets the 2nd Mon. of every month at Social Services Bldg., St. Paul from 7:30 - 9:30 p.m.. For more info call 724-3031.

***

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.

CHURCH SERVICES

Bethel Lutheran Church of Lea Park
Sunday Worship Services, 10:30 a.m.

Bible Fellowship Church Clandonald
Services held every Sunday at 11:00 a.m.

Elk Point Baptist Church
5705 - 49 St., Elk Point
Pastor Jim MacLellan - 724-4194
Family Worship Service Sundays - 10:00 a.m.
Sunday School for All Ages - 11:15 a.m.
Call Church answering service for current programs and times.

Elk Point Christian Community Church
Rev. Sam Donaldson - 724-2493.
Railway Avenue and 53 St..
Sunday Worship Service - 11:00 a.m.; Sunday School - 11:00 a.m.; Office hours -Thurs. & Fri. 9 a.m. - 12 noon

St. Michael's Catholic Church
Sunday Mass 12 p.m.

St. Vladmirs' Ukrainian Orthodox Church Elk Point
For service times, call 645-5156, St. Paul or 724-4351, Elk Point.

United Church of Canada Elk Point
Rev. Paulette Phillips - 724-3616
Sunday Services and Sunday School 10:00 A.M.
Office Hours
Mon, Tues., Thurs., 9 a.m. to 12:00 noon
Parent Nursery
Wednesday, 10 a.m.

NOW SHOWING
MLT Theatres
ELITE THEATRE
24 Hr Movie Info 645-3448
Two Hills 657-3339

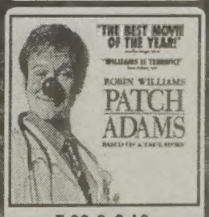
Ends Jan. 14
STAR TREK: INSURRECTION
7:10 & 9:10
PG

THE FACULTY
7:20 & 9:30
14A with coarse language & gory violence throughout

Showing Jan. 15-21

Virus
7:20 & 9:20
14A violent & gory scenes
SUNDAY MATINEE AT 2:00

"THE SEASON'S MUST SEE ROMANTIC COMEDY!"
Tom Hanks Meg Ryan
You've Got Mail
7:10 & 9:30
PG
SUNDAY MATINEE AT 2:00



7:00 & 9:10
PG with coarse language
SUNDAY MATINEE AT 2:00

Features subject to change without notice

GET FIT STAY FIT

review CLASSIFIEDS

1 AUCTION

SARGEANT'S AUCTIONS Present Red Deer's 2nd Sleigh and Cutter Auction, Sat., Jan. 23, 1 p.m., Westerner. Spectacular array of fine vehicles plus amazing variety horse antiques. Phone 403-843-6722.

2 AUTO

1997 CHEV SILVERADO 4x4 - 350 auto, 3rd door, royal blue, many extras, 50,000 km. $25,400 obo. Phone 645-2549. Jan19

1985 CAVALIER - 4-dr. Sedan, new front tires, brakes and hose, vehicle inspection done, Price $1200. Phone 635-2684. Jan12

CREDIT PROBLEMS? Need a vehicle? If you have a job and down payment - No credit refused! Cars On Time, Edmonton 403-440-2703 or toll free 1-800-831-4129.

WANT TO SELL your 1994 or newer 4 X 4 truck or sport utility? We buy clean low/average mileage 4 X 4 trucks and sport utilities. Nafta Trading 1-800-791-8120, www.globalautolink.com.

4 BUSINESS OPPORTUNITES

A PERFECT PART-TIME HOME BUSINESS - Your own business, earning you $2,000+ / month, hands on training. Free 24-hour message, Phone 1-888-570-4524. Jan26

WORK AT HOME - $400M US company just opened in Canada. Seeking friendly, self-motivated people. Flex. hours; no income ceiling; mission-driven team. Info. package. Toll Free 1-877-635-4933. Feb2

$ GOVERNMENT FUNDS - Grants and Loans for your new or existing business and farm. 1-800-505-8866. xxx

STARTING OR EXPANDING your business? Call The Business Link Business Service Centre for direction to Alberta business information and services. Toll free 1-800-272-9675, Edmonton 403-422-7722.

PREMIUM VENDING routes rival the best RRSP. 100% home-based cash business. Full-time or part-time. Low investment. Phone 604-597-3532 or 1-800-387-2274 (Dept. 197).

PERSONAL and financial freedom! Earn $5,000. - $10,000. part-time. No joke! 100% support and training. Not MLM. Toll free 1-877-218-0389 (two minute message).

COTTON SOFT. 3 distributors needed in your area. Launch brand new product! $60 - 90K/year potential. Minimum investment $6000. guaranteed. Free audio/video package. 1-800-600-2899.

4 BUSINESS OPPORTUNITES

A PERFECT PART-TIME home business! 2 hours/day earns you financial freedom. 24 hour message, 1-888-590-6168.

NO BULL! Earn $2,000. - $3,000./week, car leases, computers with a $450. investment and a little try I can help you. Call 403-946-4919. Its worth a call.

THRIVING SERVICE STATION, tireshop carwash, convenience store, modern house, numerous outbuildings on 2.13 acres at Buck Lake, Alberta. Environmentally certified. Owners wish to retire. 403-388-3051.

THRIVING GARMENT repair and alteration shop. Only one in fast growing Cochrane, Alberta. Full line of industrial equipment. 675 square feet. Must see. 403-932-7228.

NEED A SIDELINE? O'Donnell-DRG, one of Canada's largest calendar and promotional advertising companies needs self-starters to call on local businesses 60% of gross profit. 905-427-8520.

YOUR OWN BUSINESS selling exercisewear/dancewear. Skating and gymnastics outfits. Generous profits. No investment. Canadian made. Free information package. Finelines, 2768 Dufferin, Toronto, M6B 3R7. 416-785-7788.

NEW HOME BASED business in Alberta/Canada. Join our team of Canadian skin consultants. Low investment. Choyce Marketing, Box 3143, Airdrie, AB, T4B 2B4. 403-948-7573. Fax 403-948-7977.

INTERESTED in direct marketing ladies fashion clothing (sizes 2 - 26). Reasonable investment. Option L, Canadian company, 15 years, "AAA" rating, new to western Canada. Call Marlene 1-877-540-4164.

TRAVEL PROFESSIONALS International. From $7,500., you can earn huge profits, perks, exciting world of travel, regardless of experience. Home based or store front, full, part-time. Leading Canadian opportunity, financing available. 1-888-571-9995.

6 EMPLOYMENT OPPORTUNITIES

REQUIRED IMMEDIATELY heavy duty truck mechanic. Apply in person to Rick Penchuk at Buchanan Lumber Truck Shop or fax resume to: 403-523-5910 or call 403-523-5288.

INTERNATIONAL AGRICULTURAL Exchange - Ages 18 - 30 with agricultural experience to live/work with family in Australia, New Zealand, Europe, Japan. Costs/details - 1-800-263-1827. Calgary, Alberta.

6 EMPLOYMENT OPPORTUNITIES

WANTED: Licensed autobody mechanic or apprentice. Modern shop, good wages and benefits. Fax resume to: 403-542-5166.

CHARLTON RESORTS Banff and Jasper offers employment opportunities as room attendants, assistant housekeeper and front desk agents. Subsidized accommodations may be available. Contact: Darlene Sinclair, phone 403-762-4485, fax 403-762-2744, Box 1478, Banff, AB, T0L 0C0.

OPERATIONS MANAGER/CONTRACTOR for Connor Creek Grazing Reserve to manage grazing April 15 - November 15, 1999. Contact Jim Branden for applications 403-674-5407. Fax 403-674-2604. Deadline January 29, 1999.

STORE MANAGERS REQUIRED to manage Super A and Cash and Carry stores in rural Alberta centres. As Store Manager, you must assume full responsibility for all aspects of successfully operating the Food Store including marketing, merchandising, controlling and human resource management. Applicants must possess a minimum five years retail management experience in a food store combined with exceptional skills in managing people, merchandising and obtaining bottom line results. You must have the determination to be goal oriented and the self initiative to achieve the required results. If you have the skills and abilities to meet our expectations, forward your resume to: Human Resources Officer, The Grocery People Ltd., 14505 Yellowhead Trail, Edmonton, AB, T5L 3C4. Fax 403-452-7759.

MEAT CUTTERS/MANAGERS required in rural Alberta locations. Must have working knowledge of retail meat cutting and have the ability to work quickly and efficiently. Candidates must be bondable and reliable. Completion of Retail Meat Cutting Program is an asset. If you are interested in this position, forward your resume to: Human Resources Officer, The Grocery People Ltd., 14505 Yellowhead Trail, Edmonton, AB, T5L 3C4. Fax 403-452-7759.

REPORTER/PHOTOGRAPHER required by the Barrhead Leader. Duties include sports and general reporting as well as photography. Must have vehicle and camera equipment. Excellent benefit package. Fax resume to: Barrhead Leader 403-674-6337 before January 20/99.

6 EMPLOYMENT OPPORTUNITIES

ADDITIONAL WELDING Apprenticeship training opportunities are available through Lakeland College at Alberta Vocational college - Lac La Biche. Period 2 training begins February 1, 1999. Training in Period 1 and 2 starts April 12, 1999. To register call Lakeland College at 1-800-661-6490. Call AVC - Lac La Biche, toll free at 310-0000. 403-623-5580 for information on facilities and student services.

LAKESIDE PACKERS, Brooks, Alberta is currently searching for staff nurses. These are permanent full-time positions involving duties relating to Occupational Health and Safety, Emergency First Aid, Physical Assessments and Audiometric Testing. The successful candidates will have at minimum an RN diploma with the ability to obtain AARN Registration. Certification in Advanced First Aid, Audiometrics and Occupational Health would be an asset. Those interested should fax resume to: 403-501-2239. Attention: Louise Brown or contact us directly at 1-888-700-0903.

200 JOBS! Lakeside Packers, located in Brooks, AB (2 hours east of Calgary), is currently hiring for production line operators for both the day and afternoon/evening shifts. As one of western Canada's Premiere beef slaughter and processing facilities, we are looking for men and women interested in pursuing a career in the beef industry. Permanent, full-time work with some overtime is available. Applicants should be prepared for repetitious, physical labour involving the use of a knife. No experience is necessary as we provide training. The starting wage for day shift positions is $9.25/hour; afternoon shift positions start at $9.60/hour. The top placement area, performance evaluations and length of employment. If you are interested in joining our team, please fax your resume to 403-501-2239 or call us toll free at 1-888-700-0903 for more information.

ACCOUNTANT with experience in reviews and smaller audits. Qualifications are a professional accounting designation. Please forward your resume with a cover letter stating salary expectations to: Kent Thorkelsson, Box 1060, Pincher Creek, AB, T0K 1W0 or fax 403-627-5259.

HOME CARE PERSON required, full-time. Preferably live-in. Position available Jan. 18. Phone 403-578-2457, Coronation, AB.

6 EMPLOYMENT OPPORTUNITIES

SEISMIC CREW HELPERS required. Physically demanding work - 28 days in field/7 days off. Minimum 18 years, have valid driver's licence, pass pre-employment, drug, health assessment. Fax resume: 403-291-3933.

REGIONAL SALES MANAGER for Alberta. HBS Systems, leading supplier of computer systems to equipment dealers, seeking candidate with proven track record in PC-based system sales and live demos. Ag industry knowledge a plus. Extensive travel, expenses paid. Salary, commission (commensurate to qualifications) and benefits. Salary history required. Fax resume 519-272-2723. Attention: RM.

SUNNY OKANAGAN area BC. Volkswagen licenced automotive technician. Self starting, motivated, team oriented, good communication skills. Flat rate shop. Great lifestyle. Fax resume to 250-545-2351.

BEDTRUCK PICKER and tractor drivers needed for various locations in Alberta. Jo-Ann Trucking Ltd., phone 403-362-4215 or fax 403-362-4015.

JOIN THE FASTEST growing 100% Canadian owned fashions team. Triple A rating. Flexible hours, unlimited earning potential (no territories), tax advantages of home based business. No inventory costs - no deliveries. Quality career - casual wear, sizes 4 - 28, unbeatable hostess/marketing plan - we have it all! Your reasonable investment can open doors to unlimited opportunities. Check out your "options" with Option L. 1-800-783-0830, Joan Gerwing.

FINANCIAL OFFICER - Controller required for Alberta company. Business Management degree, CA, CGA, CMA necessary. Resume/inquiries to: P.O. Box 1165, Didsbury, AB, T0M 0W0. E-mail: jacquelineb@parkland.com.

REPORTER/PHOTOGRAPHER. Regular beats, general assignments. Central Alberta's most progressive community. Quark, Photoshop assets to assist in total re-design. Opportunity for advancement through Bowes. Fax Lacombe Globe 403-782-5850.

EXCITING WELL PAID careers in computer programming. We will prepare suitable applicants. Ministry of Education Registered Home Study Diploma Program. Financial assistance, loaner computer systems and job placement tools available. No experience necessary. CMS 1-800-477-9578.

6 EMPLOYMENT OPPORTUNITIES

BE A SUCCESSFUL Writer. Write for money and pleasure with our unique home-study course. You get individual tuition from professional writers on all aspects of writing - romances, short stories, radio and TV scripts, articles and children's stories. Send today for our free book. Toll free: 1-800-267-1829, fax: 1-613-749-9551. The Writing School, 3146 - 38 McArthur Ave., Ottawa, ON K1L 6R2.

EMPLOYMENT AVAILABLE for our Class 1 graduates. Alliance Training also offers heavy equipment, oilfield safety and in-house financing. Call us 1-888-844-0609. E-mail: atg@cadvision.com.

INTERNATIONAL SCHOOL of Auctioneering. Become a professional auctioneer for only $895. Canada's oldest auction school. Feb. 8/99, Olds College Campus. Don't pay more for less! 1-800-465-7578, free brochure.

FREE 128 PAGE career opportunities guide shows you how to train at home for top paying jobs. Earn more. Call Granton Institute today at 1-800-361-1971 for your free guide.

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7 ENTERTAINMENT & EVENTS

ANTIQUE SHOW and Sale at Wetaskiwin Drill Hall, Sat., Jan. 23, 10 a.m. - 5 p.m. Sunday, Jan. 24, 10 a.m. - 4 p.m. 1000's of items. Admission $3. only. More information 403-783-4736.

8 FEED & SEED

FOR SALE. 4' X 4' X 8' large square bales, 1st cut, alfalfa orchard grass mix, $75./ton. 2nd cut alfalfa orchard grass mix 19% protein $90./ton. Free delivery up to 100 km., also barley and wheat straw bales. Phone 403-224-2591 or 403-224-3810.

FEED GRAINS, Canola wanted. Turn your feed grains, Canola into cash. For the most current, competitive prices for feed barley, wheat, Canola, call Ag-Value Brokers, 1-800-679-2919.

MLF COMMODITIES LTD: buyers and sellers of feed grains, sell protein pellets for cattle. Join our e-mail newsletter for price updates. 1-800-661-2312; e-mail: mlfltd@telusplanet.net.

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Your classified ad can be read in over 20,000 papers.

Select your classified readership for as little as $3.00 / week.

CLASSIFIED AD RATES

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Tuesdays - $4.00 per week + G.S.T.

GRAND CENTRE SUN
Tuesdays - $3.00 per week + G.S.T.

BONNYVILLE NOUVELLE
Tuesdays - $3.00 per week + G.S.T.

COMBINATION OF ALL PAPERS - $12.00 / WEEK
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Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. *The publisher will not be responsible for errors in classified ads that have been phoned.*

Place your order at either of our offices:
Elk Point Review - 724-4087
St. Paul Journal - 645-3342

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review CLASSIFIEDS

8 FEED & SEED

ROUND HAY BALES for sale. Cheap. Free delivery, self unloading. Call 403-843-6380. No Sunday calls please.

FOR SALE round alfalfa and grass mix hay, also straw. Buying good hay and straw. Delivery available. Phone 403-349-5067.

WANTED: Feed grains, barley, wheat, etc. Also sell feed pellets. Please contact: Newco Commodities Ltd., Picture Butte, AB, 1-403-732-4394. We provide our own trucks.

9 FOR RENT

FOR RENT - 3 bedroom house. For details, call 724-2837 anytime after 6 pm or weekends. Jan12

MANN LAKE - 3 bedroom lakefront house, quiet location, 20 minutes from St. Paul, 35 minutes from Bonnyville. 4 appliances, partly furnished. References. Quiet, responsible people only. Rent $600. Phone 726-2170. Jan19

HOUSE FOR RENT - 1250 sq. ft., c/w double car garage on 8 acres. Located between Elk Point and St. Paul. Phone 724-4186. Jan19

FOR RENT - 2 or 3 bedroom mobile home, Sun Country Village. Call Fred at 657-3341. Jan26

FOR RENT - 4 bedroom home, 2 baths, finished basement, heated single garage. Phone 724-2061 after 6:00 pm. Jan19

FOR RENT - 3 bedroom mobile home in Elk Point. Available February1, 1999. For more information, call 724-2837 after 6:00 pm. Jan12

FOR RENT - 2 bedroom house. Phone 724-4402 after 5:00 pm. xxx

THREE BEDROOM - Unfurnished house for rent. Phone 435-1481. xxx

1, 2 & 3 BEDROOM APARTMENTS - in Elk Point. Furnished or unfurnished. S.S. Management. Contact 724-3225, 724-4138, 724-3485 or Steve or Mary Ann 826-2250 for more information. xxx

10 FOR SALE

MUST SELL - 2-bedroom, 864 sq. ft.house with deck. Must be moved by Mid-March. Great lake lot home. Asking $12,000 obo. Phone 726-2639. Jan19

MAKE A NEW YEAR'S RESOLUTION - Not to pay any more rent. Do a rental purchase on a nice 2 or 3 bedroom renovated mobile home located approximately 6 miles from St. Paul at Sun Country Village. Call Fred at 657-3341. Jan26

SAWMILL $4895. Saw logs into boards, planks, beams. Large capacity. Best sawmill value anywhere. Free information 1-800-566-6899. Norwood Sawmills, R.R. 2, Kilworthy, ON, P0E 1G0.

ENVIROBUILD LIQUIDATION: 57" X 85" sealed windows $75., oak doors, display cases, old bricks, fluorescent lights, trusses, complete buildings. 80% savings. Free storage available. Edmonton, 403-413-9857.

NEW STEEL BUILDINGS. Go direct and save. Yearend Clearance. 25 X 30 $5,700. 25 X 40 $6,500. 30 X 40 $7,550. 35 X 50 $9,600. 40 X 60 $12,400. 45 X 70 $15,000. Others. Pioneer 1-800-668-5422.

60' X 90' X 14' FARM SHOP, straight wall, galvalum cladding, $21,000. Coloured cladding, doors, windows, labour and freight extra. Master-Craft Building Systems Ltd. 1-800-822-1836, Calgary, 403-269-4117.

10 FOR SALE

LORD OF THE DANCE premier front row tickets for January 23, 3 p.m. in Edmonton. These limited tickets are for rural Alberta fans only. Call Just Tickets, 1-800-304-4321.

NO MONEY DOWN. Complete computer package 3 months no payment, no interest O.A.C. Ideal for home business and education. Includes monitor, printer, computer, $1000. software. $89. per month O.A.C. 1-888-855-5527.

DRASTIC YEAR END Blowout. 16 heated homes to choose from. Under 6% financing. Alberta Custom Homes - Your home team, south of Woody's R.V., Red Deer. 1-800-347-5590. 403-347-5566.

SAVE THOUSANDS! No reasonable offer refused on new showhome clearance. Quality Triple E and Regent Homes must go. Ask about spring delivery program. Pleasant Homes, 403-962-0238.

NEW 16 X 80, 3 bedroom, 2 bathroom, fridge, stove, vinyl siding, $43,900. Call Ridgewood Homes, Red Deer, 1-800-797-5714; Calgary, 1-800-797-5717; Edmonton,1-403-470-5660 (collect).

NEW 1,426 sq. ft., 3 bedroom, 2 baths modular home loaded including oak cabinets, garden doors, walk-in pantry, 7 year warranty. Only $69,900. Call 1-888-937-8111.

STARDUST PROPERTIES offering new 16 X 80 Ridgewood Homes: 3 bedrooms, 2 bathroom, fridge, stove, vinyl siding. $43,900. Assistance available with pilings and utility hook-ups above and below ground. Call Lloydminster 306-825-5211.

HOME HARDWARE Store for sale. Price reduced to $50,000. from $314,000. which includes buildings and equipment (with sales in excess of one million) in Leaf Rapids, MB. Pictures and information on website at: http://www.cancom.net/~wilsonjc/home.htm. Owner retiring. Home Hardware, Box 520, Leaf Rapids, MB, R0B 1W0. Phone 1-204-473-2401. Fax 1-204-473-2941.

13 LIVESTOCK

BLACK ANGUS BULLS - Yearlings and 2-yr. olds. Eagle Valley Angus, Willingdon, AB. Phone 367-2528. Mar30

TOP QUALITY OPEN HEIFERS - 30 purebred registered black Angus, 20 Angus cross. 15 black Angus cross cows bred black Angus. Start calving end of February. Eagle Valley Angus, Willingdon, AB. Phone 367-2528. Feb2

BULLS FOR SALE OR RENT - All breeds available. Also selling 2 GMC livestock trucks, A1 shape. One with 24' box, other 22' box. 632-2139. xxx

WILD ROSE BREEDERS Group accepting entries for 4th Annual Registered Horse Sale, 6th Annual Stallion Service Auction and New Yearling Barrel Racing Futurity. Call Harv at 403-378-4285 or Gordon at 403-378-4664.

15 MACHINERY

48" ARIENS SNOWBLOWER - Adapted to fit a Bobcat. Like new. Phone 645-4123 days or 645-2372 evenings. Jan12

16 MISCELLANEOUS

$NEED MONEY$ call 403-452-5858. Immediate approval. Debt consolidation, farm, acreage, city, home and mobile purchase. Interim financing. Consolidated Mortgages Ltd. Members of BBB.

18 PERSONAL

CARD READING - Very accurate for people who are spiritual. Astrology charts done - compatibilities between lovers or friends. Natal and 3 months personal forecast. Reasonable rates. 635-4138. May18/99

PSYCHIC MASTERS! Genuine Canadian psychics. Past, present, future revealed. Romance, wealth, career, lucky numbers. Live and personal, 1-900-451-3778. $2.99/minute, 18+, 24 hours. I.C.C.

NEW YEAR PREDICTIONS and free '99 calendar. Rated #1. Answers about career, new/old love, relationships, divorce and lucky numbers. 18+, $2.99/minute. Call now 1-900-451-4055 ERPA.

HIMALAYA PSYCHIC ANSWERS. Guidance from above. 1-900-677-7979. 18+, $2.99/minute, 24 hours.

LOSE WEIGHT like crazy! Call 24 hours 1-888-741-3707 toll free.

COUNTRY CONNECTIONS - Rural Albertans meet others for long term relationship. Reasonable rates! Ladies discount available! Criminal search required. Confidential. 1-800-992-3363. Box 64, Tofield, T0B 4J0. E-mail: cconnect@supernet.ab.ca.

CANADIAN PSYCHICS - Uncover secrets of your future. Know what the year will bring. Accurate and affordable. 1-900-451-7070. $2.89/minute. 18+.

ADULT VIDEOS. Top rated releases. Original versions. Buy them directly through the privacy of mail. Discretion guaranteed. Free catalogue: CVM Direct, 5775 Victoria Ave., Suite 228, Dept. M, Montreal, H3W 2R4.

COUNTRY LIFE INTRODUCTIONS! Meet your life mate in 1999. Results guaranteed. Write: RR #1, Falun, AB, T0C 1H0, or phone 403-361-0014. E-mail: country@incentre.net. Website: http://wetaskiwin.net-countrylife.

CAN'T GET VIAGARA(™)? Worried about side effects. Now available in Canada an all natural cream. Clinically proven in England. Call Marks Plaza Pharmacy toll free 1-877-747-6664.

19 PETS

TO GIVE AWAY - One Golden Lab male, neutered, 2-yrs. old, excellent with children. Phone 724-4186. Jan19

REGISTERED BORDER COLLIE PUPS - For sale. These are aggressive cattle dogs. Phone 724-2242 evenings. Feb2

REGISTERED GREAT PYRENEES pups for sale. These giant white guardians make excellent family pets. Easy to train. Ready early January. Shots, written guarantee. 403-934-2778.

20 REAL ESTATE

MOVING - Must sell, Elk Point, 5 bedroom house. Vaulted ceiling and skylight in living room. Recent upgrades include new windows, kitchen cupboards, hardwood floors. $69,500. Phone 724-2507; 645-4747. Jan12

140 ACRES, 2200 sq. ft. house, 48' X 72' shop, office, greenhouse, garden, shed, etc. Good dugout and well. Outskirts of Valleyview. 403-524-2213 or 403-524-4999.

21 RECREATIONAL

1997 SKIDOO FORMULA 583 - 1,000 miles, heated grips, thumb warmer, belly pan, excellent condition. $4,200 obo. Phone 645-2549. Jan19

21 RECREATIONAL

FOR SALE - 1996 Formula III long track, 1" lug, mountain bar, low km. $5,000 firm. Phone 645-4739. Jan12

FOR SALE - 1995 Yamaha V MAX 600. Low km. Excellent Shape. Also 1997 600 XLT Polaris. 2 upseat, electric start, reverse. Low km, excellent shape. Phone 724-2683. Jan19

FOR SALE - 1996 Formula III long track, 1" lug, mountain bar, low km. $5,000 firm. Phone 645-4739. Jan12

FOR SALE - 1997 Yamaha Venture 600 Snowmobile. Electric start, reverse, mirrors, 2,200 km, $5,800. Will consider trade on older model Dodge or Chevy pickup. Phone 635-2512 after 5 pm. Jan19

1994 BOMBARDIER FORMULA FTX - Red, comes with tarp, belly pan protector, thumb / hand warmer. Phone Mike 645-4889 or 645-1848. Jan12

1998 MACH Z LT 800 - Showroom condition, only 420 km. Hand / thumb warmers, belly pan protector, full gauge package, $9,000 obo, no GST. Phone (403) 645-2058, St. Paul. Jan19

1997 - 670 SUMMIT SKIDOO - Belly pan, mountain bars, excellent condition, 2,000 miles. Asking $6500 obo. Phone 645-4649 after 5 pm. Jan19

FOR SALE - 1996 Skidoo Skandic; only 500 kilometers. Wide track; long track. For more information, call 724-2837. Jan12

TOP DOLLAR PAID for late model RVs. We will pay you immediately for late model, good condition, clean RVs. Woody's RV World, Calgary. 1-800-531-4695, 403-240-1212.

EASY CASH for your used R.V. Instant and hassle free. (1984 or newer). 403-341-5554. (Call collect and save). Capital R.V., 1780 - 49 Ave., Red Deer.

22 SERVICES

CRIMINAL RECORD? Canadian pardon seals record. US waiver removes risk of arrest, deportation, property confiscation. 1-800-347-2540. Uncontested Divorce? Separation Agreements? Incorporation? Fast, simple, inexpensive. 1-800-320-2477.

CARPET CLEANING
FOR ALL YOUR CARPET AND UPHOLSTERY NEEDS, CALL
STEAM-RITE CLEANERS
(truck mounted cleaning unit)
Cell 614-0014

24 TRAVEL

SKI VACATION AT PANORAMA BC - Rent a chalet up to 14 people. A 2-minute walk to main lift. Call 403-744-3974. Jan26

THE KIMBERLEY ALPINE RESORT has expanded its terrain by 35% this season. The mountain has 63 runs, a vertical drop of 2,300 ft. and 1,750 acres of terrain. Kimberley Vacations is offering a three day midweek January package, $189. - $327. (on mountain lodging) or $176. - $219. (downtown lodging) per person. The package includes: 3 nights and 3 days of skiing or boarding, plus 3 meal vouchers (Jan. 3 - 31, 1999). To book call 1-800-667-0871.

PANORAMA, BC Winter Sell-offs. Private condo beside lift, fireplace, jacuzzi, etc. Two bedroom condo ($100./night). Mini condo ($80./night) (both sleep six). No taxes. Information, pictures, 403-845-3235.

25 WANTED

BUYING SHED ANTLERS, all sizes and conditions. Extra for large loads. Keep this ad. Buying all the time. Phone 1-403-336-3546.

Pioneer Circle Bingo

January 4, 1999

Margaret Sheer $30, Jean Waskahat $30, John Wozniak $30, Anita Ballas $30, Kay Wozniak $30, Bev Bespalko $15, Brian Prymak $15, Lorraine Linkewich $30, Anita Ballas $30, Lina Cap $30, Zelma Krucik $30, Harry Shankowski $30, Catherine Fiddler $15, Vic Aarbo $15, Dan Demchuk $30, Alphonse Amahoose $30, Leonard Faithful $15, Lil Radish $15, Katie Charchun $62, Pearl Slywka $38, Zelma Krucik $6, Alice Drielich $16, Vi Lillowoen $6, Mary Paul $6, Jolene Janvier $10, Alphonse Amahoose $10, Christine Paul $10, Debbie Orr $10, Joanne Ference $110, Glen Foureyes $70, Dina Leaf $35, Kirby Smith $35, Jennie Heisen $35.

TRUSTED BY MORE ELK POINT HOMEOWNERS

• Vinyl Siding
• Soffit, Fascia & Eavestroughing
• Windows & Doors
• Roofing

Dean Thompson
Sales Manager

Yellowhead Home & Glass Ltd.

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EMPLOYMENT OPPORTUNITY

Full Time & Part-Time Positions

Available in our Elk Point Branch

Applications should be submitted to:

Servus Credit Union Ltd., Box 1003
Elk Point, AB., T0A 1A0
Attention: John D. Yettaw, Branch Manager

Deadline: January 20, 1999.

Only applicants selected for interviews will be contacted.

EMPLOYMENT OPPORTUNITY
PART-TIME
SALES CLERK/STOCK CLERK

REQUIRED IMMEDIATELY

Must be self-motivated & pleasant,
willing to work weekends,
experience in hardware an asset.
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review SPORTS this week

A kiss is just a kiss! The connection with hockey???

Good ties, bad ties, and family ties

By Doug Bassett
Review Sports

A kiss is just a kiss! Don Cherry said it's OK to kiss the tough guys, like my buddy, Tie Domi, but not the wimpy guys. Some people say that a tie is like kissing your sister. The **Thunder** kissing their sister, St. Paul, augh, that's not too likely. I know these guys like each other, because they always want to dance, but not that much.

They also say there's good ties and bad ties. OK, so what's a good tie? That's when you come from behind in a game and tie it up just before the game is over. So what's a bad tie? That's when you have the lead, you back off, you try to hold on to it by playing a defensive style of hockey, and the other team ties it up before the game is over. Here's your examples:

Saturday in the Mannville tournament, the Thunder has a four goal lead, so what happens? St. Paul ties it up. Bad tie. Then St. Paul takes the lead on the Thunder, then the Thunder tie it up. Good tie. And then the Thunder take the lead, and St. Paul ties it up. Bad tie. The game ends in a tie. So, is this a good tie or a bad tie? That's a bad tie, but you may say it's a good tie, because the last time the Thunder played in St. Paul, before Christmas, they got their butts kicked big time. Case closed.

Saturday night. Game two, against St. Walburg. What's in that Saskatchewan water, anyway? These guys were big and mean. Let's just say this was not a tie, and some very good practice for Thunder goalie Dusty Harvie, who faced over 60 shots, stopping most of them. This guy played great all weekend, even when the team in front of him forgot to show up. It didn't do too much for his goals-against average, but his save percentage is what we should be looking at.

Sunday, the Thunder played against Kyle Calder's home town, the host team, Mannville. Kyle was at the rink on Saturday, handing out autographs and showing off his silver medal from the world junior championship. This guy, one of the top players at the Winnipeg tournament, is one of the smaller guys, but is still bigger than he looks on TV. His name is on the Mannville midget team plaque in 1992/93 when they won the provincial gold, playing as a first year bantam. On Sunday he was traded from Regina to Kamloops, a team that is in contention for the Memorial Cup, and this can only help his career. One thing for sure, the whole town is proud of this guy!

The Thunder lost in another very physical game, but played much better than the night before, sending them to the B final against St. Paul, which they lost 2 to 1. Good loss or bad loss? There aren't any good losses, especially against St. Paul. Case closed.

Lightning struck!

Here's some more evidence. Case #2. The **Peewee Lightning** took a pounding up in St. Paul on the weekend in a tournament, losing their first game against the host, St. Paul on Friday night, and losing their team captain, the "pivot on the point," "Big George" Danyluk, with two broken ribs and one cracked. I rest my case.

With provincial round robins just around the corner, we're hoping "Big George" will be back in time to play. This weekend the Lightning are hosting their annual tournament. Lots of great prizes, so come down to the Thunderdome and check these guys out.

Colts break bad tie

"Not one of our best performances, no stars in this one," said coach Ron Croteau. The **Bantam Colts**, with a three goal lead, almost blew the game when Lloydminster came back to tie it up on Sunday. Bad tie. The Lightning would win this one in the end. Kurt Bensmiller with two, a single for Dallas Flamond and scoring the 4 to 3 winner, Brian Poitras.

Tornadoes win again

No ties for these guys: the tiny **Tornadoes** won again this week, against Vermilion. Scoring a hat trick, Garret Osinchuk and Kameron Ballas. Singles for Bradley Yarmuch, Ryan Marceniuk and the "Big M," Mike Marianchuk.

Hurricanes hit LLB

The Elk Point **Novice Hurricanes** had a big 9 to 4 win over Lac La Biche on Saturday. Craig Dallaire with four goals, two each for Ryan MacDonald and Josh Weir, and a single for Chevy Botting.

Much improved

The much improved **Peewee Girls Cyclones** lost to Irma on Saturday at home by a respectable score, 6 to 2. Scoring two for the Cyclones, a girl with great speed, who played with the Midget Girls on Friday night and didn't look at all out of place, Megan Proskiw.

Second in "A"

The **Atom Avalanche,** with solid goaltending by Justin Povaschuk, had a good weekend in a tournament up in Glendon, where they won three games, beating Bonnyville, Cold Lake and Glendon, before losing in the A final against Goodfish. A good weekend on the scoreboard for defensive players Ryan Ockerman and Jeff Huseby, who not only scored, but added points by assisting on a few others.

Storm warnings!

Storm warnings! Storm warnings! Big Storm warnings all weekend on the radio for the north east area, and they were right! The Elk Point Storm Midget Girls had two big wins this weekend, defeating Vermilion and Lashburn. On Friday night, at home in the Dome, Taralee Babenek opened the scoring, then with a hat trick by an affiliated player from Mallaig, Sylvie Amyotte, and singles by Melissa Desilva and Sheena Flamond, the Storm raged for the 6 to 1 final.

Then on Sunday, the blizzard continued, with the Storm winning a close one 3 to 2 over Lashburn. Taralee Babenek opened the scoring once more, with a single by affiliate player Danielle Cadrian, before team captain Kandice Bjornstad scored the winner. The way this team is playing so far in the new year, you better keep your shovels handy!

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National X-C course upcoming

On January 16, the Vermilion Nordic Ski Club will host a Jackrabbit Ski Leaders Course. This is Cross Country Ski Canada's national fun youth program to teach children how to cross country ski and enjoy Canada's number one outdoor winter sport.

Any adults or parents in the Lakeland region who want to learn how to introduce this program to children are welcome to attend. Little or no cross country skiing experience is necessary.

The course will take place Saturday, January 16 between 9 a.m. and 5 p.m. in Vermilion Provincial Park. The instructor will be Les Parsons, coach of Olympic cross country skier Beckye Scott. For more information or to register, call 853-8470.

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■ Senior Elks

Same opponents, but a whole different story

The opponents were the same, as was the score after the first period. That's where the similarity ended, when the Kitscoty Monarchs came calling on the Elk Point Elks, four weeks after the Elks' last appearance before a home town crowd.

This time, the Elks were back at full strength and in fine form, with two wins to their credit since the Christmas break, including a 9-7 victory in Onion Lake on Saturday night.

Once again, the Elks took a two goal lead over the Monarchs, with Loren Kozicky scoring the first off an assist by Ted Generoux three and a half minutes into the game and Dennis Olson assisted by Kozicky and Generoux in the second, with 8:50 left on the first period clock. The score stayed at 2-0 throughout a fast-paced second period, and jumped to 3-0 early in the third, when Mark Bendixen scored off an assist by Mike Hladunewich.

The lone Kitscoty goal came three and a half minutes later, with the resulting 3-1 score still on the board at the conclusion of the game.

Penalties were few and far between in the game, with only one recorded in the first period and eleven in the entire game.

The Elks' next home game is slated for Friday, January 22 against Onion Lake, with Marwayne coming to visit on Sunday, January 24.

physical activity [adj.]
energizing, healing, invigorating, strengthening, nourishing, restoring, stimulating.
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